

SAILING CLASSES

Little Mariner

Developed for first time sailors ages 5 & 6. The class will introduce first time sailors to the joy of sailing in a fun and safe environment. This class will be held in Blue Jays which can safely hold 3 students and one instructor.

Opti 1

For beginner sailors ages 7-9 years old. This class is designed to introduce younger sailors to the Optimist. Knowledge of the boat, rigging, basic sailing, water safety and confidence in handling all points of sail are emphasized.

Opti 2

For sailors who have successfully completed the Opti 1 class or had equivalent experience; however, this class may be preferable for older novices. This class will move quickly through the curriculum with a concentration on upwind sailing and will introduce the basic rules-of-the-road and the basics of racing an Optimist.

Opti 3

This class is designed for sailors who have successfully completed Opti 2, and desire to improve their sailing skills and/or pursue an interest in racing Optimists. The sailors will learn Sportsmanship and the class will promote more advanced sailing skills with a focus on racing.

420 Learn To Sail (LTS)

For sailors generally over 11 years old who have grown or aged out of the Optis as well as older beginners, and who welcome the challenges of sailing a double-handed boat. Students learn general seamanship in addition to boat handling. Some racing is incorporated as a teaching tool.

420 Learn to Race (LTR)

For sailors who have successfully completed 420 LTS or Opti 3. The 420 LTR class is designed for sailors who have knowledge of 420 sailing and who want to learn racing basics. The sailors will learn Sportsmanship and become competitive racing skippers and racing crews. Trapezing and spinnaker sailing will be introduced.

Team Racing

For advanced 420 sailors with a specific focus on advanced boat handling and team racing tactics. Practice is for 3 hours on Monday mornings, while Team Racing against other clubs will be held Monday afternoons. Parents will be needed to help with travel since instructors are not allowed to drive students to regattas.

